

## TOOLBOX TALK

Week 7

## **Extension Ladder Safety**

## **ALWAYS**

Face forward on the ladder.

Maintain three points of contact.

Extension ladders must extend 36 inches past the landing.

Extension ladders must be secured at the top.

Footing should be level and secure.

Use bucket, tool belt, or other means to transport material up and down.

Keep ladders free of any slippery material.

## **NEVER**

Carry tools or material by hand while climbing a ladder.

Over reach.

Place ladders on boxes, barrels, or unstable bases.

Exceed the ladders maximum load rating.

Tie two ladders together to make them longer.

Stand on the top 3 rungs of an extension ladder.

Use metal or wood ladders (exception in excavation).

Work closer than 10 ft. to power lines

Use a damaged ladder.

