



Step Ladder Safety

Always

- Face forward on the ladder.
- Maintain three points of contact.
- Footing should be level and secure.
- Ensure all four legs are touching the ground.
- Ensure folding supports are fully extended and locked out.
- Complete an inspection of the ladder prior to use.

Never

- Carry tools or material by hand while climbing a ladder.
- Over reach.
- Stand on the top two steps of the ladder.
- Use a step ladder closed and leaned up against something unless the ladder is designed to do so.
- Use metal or wood ladders (exception in excavation).
- Work closer than 10 ft. to power lines
- Use a damaged ladder.

